



# Spires & Steeples Challenge

**Some of the fields you will be crossing may contain livestock, please see below guidance:**

The countryside is an inspiring place to walk but it is also a working environment, please be mindful & respectful when walking through fields with livestock.

## **Do**

- Stop, look and listen upon entering a field. Look out for animals and watch how they are behaving, particularly bulls or cows with calves
- Try to avoid getting between cows and their calves
- Move quickly & quietly, if possible walk around the herd
- Keep your dog close, on a short lead and under effective control
- Remember to close gates behind you when walking through fields containing livestock

## **Don't**

- Hang onto your dog if you are threatened by cattle – let it go as the cattle will chase the dog and not you
- Put yourself at risk by walking close to cattle
- Panic or run – most cattle will stop before they reach you; if they follow just walk on quietly